

## Pre-Surgery Instructions

1. For your safety, do **NOT EAT for 6 HOURS** prior to your surgery, including gum and hard candy. This requirement is to prevent complications during surgery and **FAILURE TO COMPLY WITH THIS REQUEST WILL RESULT IN HAVING TO RESCHEDULE YOUR SURGERY**. Patients who take medications daily may take them as scheduled with a sip of water unless directed otherwise.
  - a. Stay hydrated! You may drink water up to 2 hours prior to surgery.
  - b. **DO NOT DRINK ALCOHOL 24 Hrs PRIOR to or AFTER SUGERY.**
2. Aspirin and other anti-coagulant medications can cause bleeding after surgery. We will discuss this with you during your consult. Possibly, we will alter when you take these medications or even discontinue them for a short period time for your safety. This decision will be directed by the provider who prescribed them.
3. Smoking will compromise healing and may cause respiratory problems during sedation. Please **DO NOT SMOKE** for the entire week prior to surgery. Not smoking for two weeks after surgery is also critical to ensure optimal healing.
4. Bathe or shower the morning of surgery, but **DO NOT** use any lotion or make-up on the face or hands. Please remove all nail polish and acrylic from finger nails.
5. Please arrive 15 minutes early to your scheduled surgery.
6. **All payments for surgery are due the day of surgery.** If you have made other arrangements prior to your surgery, please be prepared to pay the agreed upon amounts.
7. Wear clothing that is loose fitting and comfortable. We will need access to the entire left and right arms. **A t-shirt is preferred.**
8. If you are receiving general anesthesia (IV Sedation) you must have a driver. You will need a responsible adult who can remain in office during surgery to take you home afterward. **YOUR DRIVER WILL NOT BE ALLOWED TO LEAVE DURING THE DURATION OF SURGERY.** You will need to be under close observation for 6-8 hours. Plan on resting the entire day after surgery.